

# ***SAFETY IN COMMUNITY BASED SUPERVISION & NATURAL RESPONSE CONTROL TACTICS: LEVEL I***

## **INSTRUCTOR CERTIFICATION PROGRAM AGENDA**

### **DAY ONE**

#### **1. INTRODUCTION**

- A. PURPOSE OF THE PROGRAM
- B. PROGRAM OVERVIEW
- C. SAFETY RULES & PROCEDURES

#### **2. LIABILITY ISSUES**

#### **3. THE REALITIES OF HOW PO'S ARE KILLED & INJURED**

- A. 3-5 RULE
- B. TACTICAL POSITIONING
- C. HOW PO's ARE KILLED AND ASSAULTED

#### **4. SURVIVAL FACTS**

- A. SURVIVAL STATE OF MIND
- B. TACTICAL CONSIDERATIONS
- C. WHY OFFICERS UNDER-REACT
- D. MENTAL PREPARATION
- E. PRESUMED COMPLIANCE
- F. FIGHT, FLIGHT AND FREEZE SYNDROME

#### **5. THE USE OF FORCE**

- A. REVIEW OF CONTINUUMS
- B. THE REALITIES OF RESPONDING TO RESISTANCE
- C. ATTACK MANAGEMENT
- D. OFFICE SAFETY

#### **6. NATURAL RESPONSE CONTROL TACTICS**

- A. BALANCE AND STANCE
- B. MOVEMENT EXERCISES
- C. MAXIMIZING NATURAL HAND REACTIONS

### **DAY TWO**

#### **7. FIELD SAFETY**

- F. CANINE CONSIDERATIONS
- G. CONTACT AND COVER
- H. THE SUCCESSFUL OFFICER

**8. SAFETY SIMULATION TRAINING**

**9. NATURAL RESPONSE CONTROL TACTICS-CONTINUED**

- A. BREAKING THE GRAB
- B. MAXIMIZING OUR NATURAL BLOCKING RESPONSE
- C. PERSONAL WEAPONS
- D. LEG AND FOOT STRIKES
- E. ELBOW AND KNEE STRIKES

**DAY THREE**

**10. CONTROL ON THE GROUND**

- A. REVIEW - PARTICIPANT LED
- B. GROUND FIGHTING
- C. GROUND CONTROLS AND RESTRAINING TECHNIQUES
- D. CONTROLLING THE HEAD

**DAY FOUR**

**11. CONTROL AND TAKE DOWNS**

- A. PARTICIPANT LED REVIEW
- B. CONTROL TACTICS 1-3

**12. PRESSURE POINT TECHNIQUES**

**13. CONTROLLING EDGED WEAPONS**

**DAY FIVE**

**14. REVIEW OF TACTICS**

**15. DISARMING TECHNIQUES**

**16. WEAPON RETENTION**

**17. LETHAL FORCE RESPONSES**

**18. WRITTEN EXAM**

**19. GRADUATION**