

**18th Annual Conference on Managing Juveniles
with Sexual Behavior Problems
Corpus Christi, Texas
June 9 – 12, 2024**

Sunday, June 9, 2024 **Pre-Conference**

1:00 p.m. – 5:00 p.m.

The Sleeping Giant: Vicarious Trauma Among Professionals who Work with Offenders with Sexual Behavior Problems

Patricia Grosskopf, Psy.D., LCPC, LSOTP, LSOE, Illinois

Department of Corrections

Brooke Settle, M.A., Senior Parole Agent, Illinois Department of Corrections

Often the symptoms of vicarious trauma (VT) are overlooked by professionals who work with people who have committed sexual offenses. This is because the changes are pervasive and occur over a period of time, they often go unnoticed, unrecognized and ignored. However, these symptoms can impact a professional's sense of self, world view, interpersonal relationships, and behaviors.

(3.5 Victim Hours)

Monday, June 10, 2024

8:00 a.m. – 8:30 a.m.

Welcome Remarks

8:30 a.m. – 10:00 a.m.

50 Years of Treating Juveniles with Sexual Behavior Problems: What have we learned, and where are we going?

Timothy Kahn, M.S.W.

This plenary presentation will provide a historical perspective on juvenile sex offender treatment practices, and will provide current perspectives on the state of the field in 2024. This presentation will provide practical suggestions and information about the following topic areas:

- What are some basic take-home messages that counselors need to know?
- Life after polygraphs. How are we responding to the decline in the use of polygraphs with juveniles?
- Sex offender registration. Washington State has eliminated sex offender registration for most juvenile sexual offenders. How is it working?
Understanding the impacts on employment, living situation, out of state travel, and self-esteem.
- Pornography: Understanding its role in adolescent sexual offending, and helping clients cope with urges to use it during treatment.
- How do children develop sexual behavior problems? Understanding why children are more sexual in today's world.
- Working with juvenile offenders who are gay, lesbian, trans, or questioning. What about female juvenile sex offenders? How are they different, and how is their treatment different?

- Understanding the course of treatment for children and adolescents with sexual behavior problems. What about short-term counseling options?
- Secrets of effective group therapy.
- Helping adolescents develop normal sexual interests. Using the “Are you ready for Sex Test.”
- Preventing sexual abuse by understanding boundary invasion behaviors.
- Preventing staff misconduct in residential treatment facilities.
- Can treatment of juvenile sexual offenders actually reduce sexual abuse?
- Secondary trauma issues for staff working with adolescent sex offenders: Reflections on 50 years of working with children and adolescents with sexual behavior problems. How to make sure that counselors maintain a positive and healthy lifestyle.

(3.5 Offender Hours)

10:00 a.m. – 10:30 a.m.

BREAK

9:00 a.m. – 12:00 p.m.

50 Years of Treating Juveniles.....Cont’d

12:00 p.m. – 1:30 p.m.

LUNCH

1:30 p.m. – 3:00 p.m.

I. Practical Counseling Strategies for Individual and Group Therapy with Children and Adolescents with Sexual Behavior Problems

Timothy Kahn, M.S.W.

This workshop presentation will help treatment providers and probation officers understand the day-to-day counseling process with juvenile sex offenders and their families. The following topics will be discussed: Use of guided workbooks in the treatment process, suggestions for structuring the day-to-day counseling experience, directions for incorporating boundary and consent education into the treatment process/the new reality of “Yes means Yes” consent, Strategies for encouraging parent involvement in treatment and suggestions for when to use and not to use group therapy.

(1.5 Offender Hours)

II. Adult Arrest and Juvenile Referral Reporting

Allante Smith, CJIS Trainer II, Texas Department of Public Safety

Adult Arrest and Juvenile Referral will cover topics that outline the importance of proper criminal history data submission for inclusion of records into the computerized criminal history (CCH) database. Areas of discussion will include a brief history of the Criminal Justice Information System (CJIS) and the Juvenile Justice Information System (JJIS), the purpose of submitting complete and accurate data, assigning a State Identification Number (SID), the flow of a TRN through the criminal justice process, CJIS reporting forms, livescan data, and reporting examples.

(1.5 Offender Hours)

III. Chaperone Training: The Sex-Offender Treatment Enigma

Shanti Duncan, Ph.D., LPC, LSOTP

Lorena Moreno, Juvenile Probation Officer, Travis County Juvenile Probation

There is a lot of inconsistency across the state regarding Chaperone Training. It has been our experience that some counties require it, and some do not. In some counties that require Chaperone Training, the Probation Department conducts it, and in other counties, it is expected that the treatment provider does the Chaperone Training. There is actually a state law that makes reference to the fact that a “court may order the parent or guardian of the child to attend four sessions of instruction,” but in their guidelines, the CSOT devotes one paragraph to talking about “Chaperones,” but that paragraph refers to adult sex-offenders; there is no mention of Chaperones for juveniles. Furthermore, there is precious little said about the actual training itself, although it does state, “Licensees shall ensure potential chaperones are educated regarding the client's sexual history, treatment and supervision conditions, antecedents to sexual offending, safety plans, re-offense prevention plans, and reporting procedures.” As has often been the case, historically, adult offender treatment concepts have been taken and applied to juveniles, and the same is largely true about Chaperone Training, although there is little consistency across treatment programs or probation department regarding what constitutes Chaperone Training. In this workshop, we will present the Chaperone Training program used as part of Dr. Carrasco’s *Beacon* treatment program. The workbook used in our program was developed over the course of the last 25 years.

(1.5 Offender Hours)

3:00 p.m. – 3:30 p.m.

BREAK

3:30 p.m. – 5:00 p.m.

I. All of the Above: Working with a Youth Who is Both a Sexual Abuse Victim and Initiator

Dr. Kelly Gilleland, DBH, LPC-S, LSOTP-S, NCC, CCTP, LCCA, Senior Clinical Therapist, Children’s Advocacy Center serving Bastrop, Lee, and Fayette Counties

Stacey Helm, MA, LPC-S, ASOTP, NCC, CTC, Clinical Director, Children’s Advocacy Center serving Bastrop, Lee, and Fayette Counties

In working with these juveniles, we are coming across cases where the “offender” is also a victim of sexual or physical abuse him/herself. The treatment modalities for a victim and imitator take very different approaches. When a youth falls into both categories, a hybrid approach becomes necessary.

(1.5 Offender Hours)

II. Fighting Shadows: Compassionate Strategies for Males with Sexual Behavior Problems

Wayne Smith, Associate Professor, University of Houston Victoria

Masculinity is in crisis and there is a shadow that has settled over the hearts of men today. There are lies being perpetuated into our culture that immobilizes boys from becoming generous gentlemen. Lust, Apathy, Shame, Loneliness, Ambition, Futility, and Despair are destroying the mind, body, and spirit of our people and we need to take action to teach ways to overcome this deceit. Join us as we

discuss creative ways to teach our youth how to build character, compassion, and resiliency to become the men they were meant to be. Get ready to help our youth recognize and regulate their emotions so they can free themselves from the chains that are mere shadows.
(1.5 Offender Hours)

III. Evaluating Adolescents with Sexual Behavior Problems: What the ASI Database of 27,000 Assessments Tells Us

Bret White, Ph.D., MSW, Abel Screening, Inc.

Research suggests that recidivism rates for youth who commit sexually inappropriate behaviors are relatively low. However, research also suggests that sex specific treatment has a greater impact upon recidivism rates. This presentation will examine characteristics of youth with sexual behavior problems through the lens of measurement while providing clinicians and probation officers information regarding factors that need treatment and monitoring.
(1.5 Offender Hours)

Tuesday, June 11, 2024

8:00 a.m. – 10:00 a.m.

Juvenile Probation: As part of the Coaching Team or Referee?

Brian Lovins, PhD, Principal, Justice System Partners

As we continue to better understand youth who have been adjudicated for a sexual offense, we start to see that the behavior is often less about criminality and more closely aligned with underlying issues of mental health, trauma, behavioral health issues, and sexuality. As a juvenile probation officer, we have often been asked to be a referee for the youth. Using the rules of probation to watch the youth closely, blow the whistle with any violations, and issue a penalty. The referee gains compliance but does anything really change? In the past 5 years we have seen probation take on a new role, one of a coach--still holding youth accountable but instead of an interest in compliance a coach is interested in helping a youth win. This presentation will explore the use of coaching and creating a coaching connection to the youth on supervision.

(3.5 Offender Hours)

10:00 a.m. – 10:30 a.m.

BREAK

9:00 a.m. – 12:00 p.m.

Title.....Cont'd

12:00 p.m. – 1:30 p.m.

LUNCH

1:30 p.m. – 3:00 p.m.

I. Why You Should Put Yourself First

Brenda Grays, Title, Grays' Consulting

The only way to get what you really want is to let go of what you don't want. Everything that happens to you is a reflection of what you believe about yourself. We cannot outperform our level of self-esteem. We cannot draw to ourselves more than we think we are worth. If you do not love yourself, you will not attract the love you want. If you are not kind to yourself, others will not be kind to

you. Whatever it is that you believe about yourself is what the world, and the people around you, will offer you.

As staff and working with Juvenile Sex offenders it's important to frequently remind oneself that they are there to be a professional. Try and outline what goals they can assist them with as well as being mindful that they can't save everyone. Consult with peers and get feedback and build a network with co-workers. Embrace the many ways we can all be our best selves.

So many of us invest a fortune making ourselves look good to the world, yet inside we are falling apart. It's time to invest on the inside. Start doing the work on how you feel, not just how you look. The rewards are far greater. Have faith. The Universe has your back.

If you are afraid to take a chance, take one anyway. What you don't do can create the same regrets as the mistakes you make. Change is scary and can even seem hard. But it's far better to try and perhaps even fail, than to live with regret.

I now know that nothing in my life will change until I change the way I see my life and myself. If you want to make a change in your life, you have to start with yourself. There are no pass outs, no handouts and no shortcuts. It can be uncomfortable to admit to yourself that maybe you don't like who you see when you look in the mirror, but doing so opens up the opportunity for the greatest gift you could ever give yourself: Self love.

Make a start on loving yourself today.
(1.5 Offender Hours)

II. DPS Sex Offender Registry Updates

Charles Francis, Training and Development Specialist, Texas Department of Public Safety

This presentation provides a summary of the laws pertaining to registered sex offenders in Texas and will point out when the laws may be different when dealing with juveniles.
(1.5 Offender Hours)

III. Professional Preparations for Court Testimony in High Conflict Cases

Frances Doggett, TCHATT, Texas A&M University

When preparing for courtroom testimony, particularly as an expert witness, it's crucial to balance practical readiness with a deep understanding of professional obligations. In addition there can also be some general principals to remember before entering the courtroom as most professionals do not enjoy being on the witness stand. One half of this presentation will focus on the nature of the file while the other will focus on the nature of the actual experience of testifying.
(1.5 Offender Hours)

3:00 p.m. – 3:30 p.m.

BREAK

3:30 p.m. – 5:00 p.m.

I. Ethical Supervision of ASOTPs Working With Juvenile Sex Offenders

Matt Bierds, LPC-S, LSOTP-S, NCS

In this workshop, participants will address general ethical guidelines related to supervising interns, and some of the common ethical dilemmas when supervising and ASOTP, especially when treating juvenile sex offenders. We will discuss proactive ways to maintain healthy, ethical relationships between interns and supervisors, as well as the importance of creating a supervisory agreement.

(1.5 Offender Hours)

II. Treatment Didactics for Siblings with Problematic Sexual Behaviors. Knowing When to hold, knowing when to fold, knowing when to walk away, knowing when to run when considering reunification.

Jana L. Gaston, LPC-S, RPT-S, LSOTP, LCDCI, The Center for PEACE, PLLC

This presentation will define what constitutes as problematic sexual behaviors in the context of sibling relationships. Will identify origins of problematic sexual behaviors and differentiate between typical curiosity, aggressive, intrusive, or coercive sexual behaviors. The presentation will further explore treatment models and practices that are suitable for youth based on their developmental stage and address safety concerns when considering family reunification.

(1.5 Offender Hours)

III. Supervising Difficult Juveniles, Their Parents and Juveniles with Sexual Behavior Problems

Grover Rollins PsyD, LP, LSOTP, Rollins, York & Associates, PLLC

The intended purpose of this topic is to bring awareness is discuss and bring awareness to the complex issues of dealing with juvenile probation officers supervising difficult juveniles on supervision, 1. the dynamics of various situations, 2. the types of DSM-V-TR diagnoses that are congruent associated with juveniles, 3. address dysfunctional parents or caregivers of the juvenile, 4. Review a few actual cases, 5. Interventions and coping with difficult supervision situations and, 6. The Importance of Self-Care

(1.5 Offender Hours)

Wednesday, June 12, 2024

8:00 a.m. – 11:30 a.m.

Complaint-Proofing Your Practice: What they did not teach you in graduate school

Kenda B. Dalrymple, Managing Partner, Dalrymple, Shellhorse, Ellis & Diamond, LLP

This program will provide a lively discussion of the most common situations that lead to conflict and dissatisfaction between clients and

mental health professional who are sex offender treatment providers. Special emphasis will be given to strategies for avoiding problems, tips for handling risks appropriately, and pragmatic suggestions for protecting your practice. This program will incorporate a discussion of applicable Texas statutes and Board Rules.
(3.0 Ethic Hours)