***SAFETY IN COMMUNITY BASED SUPERVISION & NATURAL RESPONSE CONTROL TACTICS: LEVEL I***

**INSTRUCTOR CERTIFICATION PROGRAM AGENDA**

# DAY ONE 8:00 am - 5:00 pm (1.25 hr lunch)

1. **INTRODUCTION**
   1. PURPOSE OF THE PROGRAM
   2. PROGRAM OVERVIEW
   3. SAFETY RULES & PROCEDURES

# LIABILITY ISSUES

1. **THE REALITIES OF HOW PO’S ARE KILLED & INJURED**
   1. 3-5 RULE
   2. TACTICAL POSITIONING
   3. HOW PO’s ARE KILLED AND ASSAULTED

# SURVIVAL FACTS

* 1. SURVIVAL STATE OF MIND
  2. TACTICAL CONSIDERATIONS
  3. WHY OFFICERS UNDER-REACT
  4. MENTAL PREPARATION
  5. PRESUMED COMPLIANCE
  6. FIGHT, FLIGHT AND FREEZE SYNDROME

# THE USE OF FORCE

* 1. REVIEW OF CONTINUUMS
  2. THE REALITIES OF RESPONDING TO RESISTANCE
  3. ATTACK MANAGEMENT
  4. OFFICE SAFETY

# NATURAL RESPONSE CONTROL TACTICS

* 1. BALANCE AND STANCE
  2. MOVEMENT EXERCISES
  3. MAXIMIZING NATURAL HAND REACTIONS

# DAY TWO 8:00 am - 5:00 pm (1.25 hr lunch)

1. **FIELD SAFETY**
2. CANINE CONSIDERATIONS
3. CONTACT AND COVER
4. THE SUCCESSFUL OFFICER

# SAFETY SIMULATION TRAINING

1. **NATURAL RESPONSE CONTROL TACTICS-CONTINUED**
   1. BREAKING THE GRAB
   2. MAXIMIZING OUR NATURAL BLOCKING RESPONSE
   3. PERSONAL WEAPONS
   4. LEG AND FOOT STRIKES
   5. ELBOW AND KNEE STRIKES

# DAY THREE 8:00 am - 5:00 pm (1.25 hr lunch)

1. **CONTROL ON THE GROUND**
   1. REVIEW - PARTICIPANT LED
   2. GROUND FIGHTING
   3. GROUND CONTROLS AND RESTRAINING TECHNIQUES
   4. CONTROLLING THE HEAD

# DAY FOUR 8:00 am - 5:00 pm (1.25 hr lunch)

1. **CONTROL AND TAKE DOWNS**
   1. PARTICIPANT LED REVIEW
   2. CONTROL TACTICS 1-3

# PRESSURE POINT TECHNIQUES

1. **CONTROLLING EDGED WEAPONS**

**DAY FIVE 8:00 am - 3:30 pm (1.25 hr lunch)**

1. **REVIEW OF TACTICS**
2. **DISARMING TECHNIQUES**
3. **WEAPON RETENTION**
4. **LETHAL FORCE RESPONSES**
5. **WRITTEN EXAM**
6. **GRADUATION**