

# 2023 Women in Criminal Justice

<u>Event Times</u>	<u>Event</u>	<u>Speaker</u>
<b><u>Monday, March 20, 2023</u></b>		
11:00pm – 2:00pm	<b>Registration</b>	
2:00pm – 3:30pm	<b>Keynote</b>	Lauren Midgley
3:30pm – 5:00pm	Women’s Sense of Awareness	Deborah Freeman
5:00pm – 6:00pm	<b>Welcome Reception</b>	
<b><u>Tuesday, March 21, 2023</u></b>		
6:15am – 7:15am	<b>Yoga</b>	Melinda Nag
7:30am	<b>Registration</b>	
7:30am – 3:00pm	<b>Exhibits Open</b>	
8:00am – 9:30am	<b><u>Breakout Sessions</u></b>	
	Girls Can Be Rangers Too	Wende Wakeman
	Wellness, Resilience & Emotional Survival	Dr. Shandra L Bailey & Dr. Sharon A. Maylor
	Social Media & Gaming Disorder – Research Reveals the Real Impact on the Brain	Dr. Lisa M. Elliott
	Treatment for Justice Involved Veterans: The VALOR Program	Dr. Misty Ely
	Destination Retirement	Lisa Idais
9:30am – 10:00am	<b>Morning Refreshment Break</b>	Visit with Exhibitors
10:00am – 11:30am	<b><u>Breakout Sessions</u></b>	
	Appreciation Matters, However Speak Their Language	Keisha Isaacs & Lisa Tomlinson
	Managing Change in the Workplace	Latisha Howard
	Did I Kill You, Or Did you Kill Me	Tamara Spencer
	Develop The Mindset to Break the Glass Ceilings and Go For Those Specilized Roles	Carmelita Cuevas
	Courtroom Testimony	Alenna Bangs
11:30am – 1:00pm	<b>Lunch on Your Own</b>	
1:00pm – 2:30pm	<b><u>Breakout Sessions (repeat from 8:00am)</u></b>	
	Girls Can Be Rangers Too	Wende Wakeman
	Wellness, Resilience & Emotional Survival	Dr. Shandra L Bailey & Dr. Sharon A. Maylor
	Social Media & Gaming Disorder – Research Reveals the Real Impact on the Brain	Dr. Lisa M. Elliott
	Treatment for Justice Involved Veterans: The VALOR Program	Dr. Misty Ely
	Destination Retirement	Lisa Idais
2:30pm – 3:00pm	<b>Afternoon Refreshment Break</b>	Visit with Exhibitors
3:00pm – 4:30pm	<b><u>Breakout Sessions (repeat from 10:00am)</u></b>	
	Appreciation Matters, However Speak Their Language	Keisha Isaacs & Lisa Tomlinson
	Managing Change in the Workplace	Latisha Howard
	Did I Kill You, Or Did you Kill Me	Tamara Spencer
	Develop The Mindset to Break the Glass Ceilings and Go For Those Specilized Roles	Carmelita Cuevas

	Courtroom Testimony	Alenna Bangs
<b><u>Wednesday, March 22, 2023</u></b>		
6:15am – 7:15am	<b>Yoga</b>	Melinda Nag
7:30am	<b>Registration</b>	
7:30am – 3:00pm	<b>Exhibits Open</b>	
8:00am – 9:30am	<b><u>Breakout Sessions</u></b>	
	Leaving a Leadership Legacy	Tracey Sorenen
	Trending Drugs	Trina Burkes
	Surviving the Emotional Residue	Roshonda Guest
	How To Change Bad Behavior Quickly	Brook Bonnema
	The Importance of Why	Amy Blaustein
9:30am – 10:00am	<b>Morning Refreshment Break</b>	Visit with Exhibitors
10:00am – 11:30am	<b><u>Breakout Sessions</u></b>	
	Conflict Resolution	Joann Linzer
	Mental Health Care and Navigating Burnout in Criminal Justice and Law Enforcement Careers	Miranda DiBenedetto
	The Best Version of Ourselves: Demeanor	Allisia Redus
	Active Listening: Applications in the Field and at Home	Ashleigh Walton
	De-escalation Techniques and Resources	Molly Mabery
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<b><u>Thursday, March 23, 2023</u></b>		
8:00am – 12:00pm	Closing Session	Leann Bertsch