

**16th Annual Conference On Managing Juveniles
With Sexual Behavior Problems
Sheraton Austin Georgetown**

June 26 – 29, 2022

Sunday, June 26, 2022
Pre-Conference

11:00 a.m. – 5:00 p.m. Registration

1:00 p.m. – 2:30 p.m. General Session

Supervising the Next Generation of Sex Offenders

Richmond Parsons, MA, RAN Customized Training and Consulting, LLC

Nicholas Honyara, MS, RAN Customized Training and Consulting, LLC

This workshop is designed to assist probation officers in the supervision of individuals who commit sexual offenses. During this workshop, participants will be introduced to current research on offense motivations, risk assessment, including static and dynamic risk factors, and best practices for the management of individuals who commit sexual offenses. Special attention will be paid to the realities and challenges of sex offenders in the online world who have access to cell phones, tablets, gaming systems and social media. The presenters will discuss interventions/techniques such as and Internet Safety Plan that can aid in supervision and treatment.

Learning goals:

(3.5 Offender Hours)

2:30 p.m. – 3:00 p.m. Break

3:00 p.m. – 5:00 p.m. Session Continued

Monday, June 27, 2022
Conference

8:00 a.m. – 10:00 a.m. Welcome & Keynote Address

Amanda Wood, Division Director, Correctional Management Institute of Texas

Dretke, Executive Director, Correctional Management Institute of Texas

Lou Serrano, Deputy Executive Director, Probation Services, Texas Juvenile Justice Department

Keynote Address: *Jacqueline Page, Psy.D.*

A Little of This, A Lot of That: Challenges of Our Work, Realities of Sibling Abuse & Why Hope Matters

The session is a journey encompassing three areas. The beginning takes a moment to highlight some challenges we encounter in our work. This includes reflecting on the impact of the last couple of years and some of the ways we had have to pivot. The session then moves to its core component of the realities of sibling sexual abuse. This includes addressing questions about prevalence, proactive responses to the issue and collaboration in action. We will talk about issues of separation, when to consider contact, what about reunification and roles of different team members. There will be candid discussion about how do we translate evidence informed approaches into the real life sibling abuse cases you encounter since the real world work you do is often complicated and complex. The session will end with a reminder that there is reason for hope across all of our work and why hope matters in what we do not only for the those who have been sexually abused and their families and the youth who have engaged in sexually abusive behavior and their families, but for us both personally and professionally. In summary the session starts with looking at challenges overall in our work including how the last couple of years may have changed how we do some things, then it moves to the core part of the session addressing realities of sibling abuse and wraps up with reminders about why hope matters and embracing hope for now and for the future. The session will have several interactive aspects, encourage questions and dialogue and hopefully provide some knowledge and generate some ideas while everyone enjoys being together again!

(3.5 Offender Hours)

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10:00 a.m. – 10:30 a.m. Break

10:30 a.m. – 12:00 p.m. General Session...Cont'd

12:00 p.m. – 1:30 p.m. Lunch (on your own)

1:30 p.m. – 3:00 p.m. Concurrent Sessions I, II and III

Treating Survivors of Sexual Assault – Recognizing the Silent Struggles

Grace Davis, LCSW-S, Journeys Counseling Services

This workshop will address the silent struggles that survivors of sexual assault go through. Childhood sexual abuse permeates the lives of survivors long after the physical contact ends. Getting survivors to discuss their feelings can be hard for many therapists. The workshop will present a tool used to assist survivors in identifying the load in their “Wagon” brick by brick.

(1.5 Victim Hours)

Identifying and Creating a Good Quality Out-Patient Treatment Program for Youth With Sexual Behavior Problems

Shanti Duncan, Ph.D., LPC, LSOTP

What defines good quality treatment has changed over time. Research has shown us that while the content of a treatment program is important, the way the content is delivered can be an even more important factor in treatment success. This session will explore what components are important to ensure that youth and who are in outpatient treatment programs for sexual behavior problems get what they need from their treatment to go on to live healthy, happy, low-risk responsible lives.

(1.5 Offender Hours)

The Dangers of Youth Crimes Concerning the Internet and Accessing Child Pornography

Grover C. Rollins, PsyD, Licensed Psychologist, LSOTP, Rollins, York & Associates, PLLC

This presentation will explore the currently underestimated impact of internet sex crimes and easily accessed child pornography plaguing our society with profound effects on juveniles both reported or not reported. Discussed in this presentation will be real case scenarios of Solicitation of sex online from a Minor and Child Pornography and what look into the many unknown variables that cause youth to be tangled into this. I will discuss how societal views and Texas law aren't congruent leading to arrests in our communities due to not knowing the law or dangers of online sex crimes.

Attendees should improve knowledge concerning the dangers of sexual crimes via the internet and how they can go back to the communities with intervention, awareness and prevention of this under discussed topic.

(1.5 Offender Hours)

3:00 p.m. – 3:30 p.m. Break

3:30 p.m. – 5:00 p.m. Concurrent Sessions I, II and III

What's Age Got to Do with It? Adolescent Development and Sex Offending

Kristan Russell, Ph.D., Assistant Professor of Justice Studies, Texas Juvenile Crime Prevention Center

Attendees will learn about the role adolescent development plays in sexual offending, responses to treatment and education, and recidivism. Further, misperceptions of youth sexual offending and their subsequent implications will be discussed. Recent research examining professionals' perceptions of the appropriateness of punitive sanctions and legislation will be reviewed. Attendees will learn the importance of taking development into consideration when making decisions and creating policy related to youth who sexually offend.

(1.5 Offender Hours)

Solutions for Youth who have committed sexual offenses: Where we began and where we are

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John Kubis – Family Service Center of Galveston County

The treatment of adolescents with sexual behavior problems has historically focused on treating the adolescent offender from a model(s) borrowed almost exclusively from the treatment of adult sex offenders. Within the last 15 years there has been a much needed paradigm shift for clinicians, treatment providers and educators to take into account essential developmental differences and empirical clinical interventions in the treatment of youth with sexual behavior problems. During this workshop, past history through current approaches working with these particular youth will be presented and discussed.

The problem of youth who have committed sexual offenses and/or engaged in inappropriate sexual acting-out is a complex one with serious and far-reaching consequences to the victim, the offender and to all the families involved. It takes a unique client/family needs-based treatment approach to address and resolve this problem.

This didactic, interactive presentation will demonstrate the relevance of the treatment provider, juvenile probation officer, county assistant district attorney, children's advocacy center, polygrapher & other mental health professional in the healing process. Empirically addressing inappropriate sexual behaviors, adolescent brain development and relevant research supported intervention techniques are the focus of this workshop. The ultimate goal is to affect positive change for the victim, offender, and caregiver. Audience participation will be encouraged and case examples and video clips will be shared to illuminate concepts addressed in the presentation.

(1.5 Offender Hours)

Staying Safe: Teaching Youth to Understand and Manage Risk

Nicolás Carrasco, Ph.D., Private Practice, Clinical and Forensic Psychology

At one time, most professionals involved in the treatment of persons who had committed a sexual offense believed that reoffending was inevitable, and the adage "once a sex-offender, always a sex-offender" held prominence in our field. Fortunately, research has shown that we were mistaken about that, and we now know that for juveniles who have sexually offended, the level of *risk to reoffend* is very low. In fact, in our treatment program, our experience has been that a youth is much more likely to be falsely accused of reoffending than to reoffend. Given this fact, we believe it is important to teach youth who have sexually offended about both the risk to reoffend and the risk of being accused of reoffending. In this breakout session, we will explain how we teach youth to understand and manage both of these risks.

(1.5 Offender Hours)

Tuesday, June 26, 2022

Conference

8:00 a.m. – 10:00 a.m. Kevin Creeden, Director of Assessment and Research at Whitney Academy

ID Youth Engaging in Harmful Sexual Behaviors: One Size Does Not Fit All

Adolescents with intellectual disabilities who exhibit problematic sexual behaviors are a diverse group whose cognitive and neurodevelopmental challenges are reflected in a wide array of social, emotional, cognitive, and behavioral impairments that are frequently combined with comorbid psychiatric conditions. While the specific research on effectively addressing the assessment and treatment of ID youth exhibiting problem sexual behavior remains limited incorporating approaches with ID youth from outside the PSB field can serve to improve our effectiveness and broaden our understanding of the challenges these children and adolescents may face in integrating and utilizing various treatment interventions (Blasingame, Creeden, and Rich, 2022; Byrne, 2022; D'Amico, et al., 2022).

This workshop will focus on highlighting the overarching principles associated with the effective assessment and treatment of ID youth exhibiting problematic sexual behaviors while identifying specific treatment needs and treatment interventions for some of the different constellations of social, emotional, and cognitive difficulties with which these youth may present.

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10:30 a.m. – 12:00 p.m. General Session...Cont'd

12:00 p.m. – 1:30 p.m. Lunch (on your own)

1:30 p.m. – 3:00 p.m. Concurrent Sessions I, II and III

Therapeutic Approaches to treating Problematic Sexual Behaviors: Integrating parenting intervention and public resources to increase positive outcomes

Jana Gaston-Hull, LPC-S, RTP-S, LSOTP, LCDCI The Center for PEACE Clinical Administrator/Therapist

The workshop will identify healthy and unhealthy sexualize behaviors of school age children and adolescents; Discuss the integration of therapeutic parenting involvement with developmental specific psychosexual education and described how public resources such as Children's Protective Services and Harris Co. District Attorney's Office B.A.S.E. (Building Appropriate Sexual Education) Diversion program for children ages 10 to 17 respond to allegations of problematic sexual behaviors.

(1.5 Offender Hours)

Effective Intervention with Adolescents Who Have Committed a Sexual Crime

David Walenta, M.S., LPC-S, LSOTP-S, Travis County Juvenile Probation

We will look at how to provide effective treatment in a collaborative strengths-based approach. Current research and promising treatment models will be reviewed. What general criminogenic treatment targets should be addressed and what specific treatment targets for adolescents with illegal sexual behavior should be a part of a productive treatment program. A lot has changed since Mr. Walenta began work with justice involved juveniles decades ago and he will share what insights he has gained from his experience and study.

(1.5 Offender Hours)

External Locus of Control

Mark Dittloff, Therapist, LPC, LSOTP, Counseling Center of Denton

This workshop will address how the adolescent sex offenders avoidance of primary feelings leads them to become externally motivated to change how they feel. As our culture becomes increasingly externally motivated this workshop will examine the various "off ramps" for clients caught in the External Locus of Control flow chart as well as means to help clients develop an Internal Locus of Control.

(1.5 Offender Hours)

3:00 p.m. – 3:30 p.m. Break

3:30 p.m. – 5:00 p.m. Concurrent Sessions I, II and III

Compassionate Strategies That Reduce Shame and Build Resiliency: Treatment Strategies for Juveniles with Sexual Behavior Problems

Wayne Smith, Ph.D., LPC, LSOTP, CAR, University of Houston-Victoria

Shame! Not just a five letter word. We all do shame! Or at least, we should all recognize our shame and process it. Join us as we discuss ways to acknowledge the shame individuals who have committed sexual offenses feel and learn treatment approaches that will help them process shame. This will include creative and evidence based strategies from Brene Brown's Daring Way curriculum, Randy Guttenberger's Managing Your Crazy Self, and other resources that help build compassion and recue the devastating impact of shame. Participants will understand how to utilize brief neurobehavioral therapy to identify core emotional wounds and change the way the brain operates. In addition, attendees will learn how to process shame and understand the positive impacts of being

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vulnerable. Specific techniques will be shared that can be put into immediate action to change our narratives and live courageously in the wilderness. Are you ready to combat shame?
(1.5 Offender Hours)

Assessment and Treatment of Accused Juveniles Pre-Adjudication

Mark B. Harris, LCSW, LSOTP, ATSA Clinical Member, Owner/Therapist, Adult-Parent-Family-Child

In my presentation I explain how to assess and treat juveniles who have been accused of illegal sexual behavior, pre-adjudication. I start with the Abel assessment and/or a clinical interview & family history. Then present my 10 session treatment plan, explaining the use of the components. I explain my rationale for each part of the treatment plan and the treatment in general. The goal is to satisfy the prosecutors desire for each respondent to get treatment without a judge ordering it.

(1.5 Offender Hours)

When the Juvenile Sex Offender is Also a Trauma Victim

Lee A. Underwood, Psy.D., Executive Director of USA Consulting Group

Many training courses combine treatment modalities for juveniles with mental health disorders solely, at the expense of fully exploring the sexual trauma dynamics and other related concerns of adolescents. What happens when the juvenile sex offender is also a trauma victim?

By applying the right interventions to treat both offender and trauma concerns of the adolescent, you will witness the transformational effect of combining treatment methods. And when you know how to combine multiple and proven treatment methods—trauma interventions, emotional regulation, sex offender techniques, cognitive distortions, thinking errors, arousal reconditioning, empathy development, deviant sexual fantasies, clarification process, grooming, family interventions and risk management—you will be able to apply therapeutic interventions that pinpoint the issues of most concern—individual and community safety. Case studies will be utilized to discuss critical dynamics in treating juveniles with sexual behavior and managing ethical dilemmas including transference, counter transference, boundaries, self-disclosure, informed consent, duty to warn. Where there are philosophical differences in treatment approaches (victim vs. offender vs. trauma), utilizing an ethical decision making process, participants will be presented with solutions to work through differences.

(1.5 Victim Hours)

Wednesday, June 29, 2022
Conference

8:00 a.m. – 9:30 a.m.

Myths & Misconceptions of Sex Offenders: Understanding the Facts

Lee A. Underwood, Psy.D., Executive Director of USA Consulting Group

The management and treatment of juveniles with sexual behavior problems is complex and often fraught with misaligned and misinformed treatment assumptions. Is the client fully to take responsibility of his offense or is this to be shared with those who raised him? What impact does his personal victimization play in his offense dynamics? How does his mental illness contribute in his offense? How should confidentiality be maintained when involved with probation? Is the victim telling the truth about abuse and neglect and if not, how should it be managed? Should certain clients who are low risk be placed in restrictive living programs? How do you motivate a person in denial? These issues and others will be explored during this training. This presentation will review the myths and misconceptions of juveniles with sexual behavior problems and present facts otherwise. Participants will be introduced to a case conceptualization model that fosters the appropriate understanding and management of juveniles with sexual behavior problems. This presentation will present case studies that have precedence in managing mismanaged assumptions.

(3.0 Offender Hours)

9:30 a.m. – 10:00 a.m.

Break

10:00 a.m. – 11:30 a.m.

Session Continued