

# 15TH ANNUAL

## CONFERENCE ON MANAGING JUVENILES WITH SEXUAL BEHAVIOR PROBLEMS

June 14 – 16, 2021 / Virtual Session

### MONDAY, JUNE 14

8:30am–10:00am **Welcome & Keynote Address**

#### KEYNOTE ADDRESS

#### **Changing Perspectives: Focusing on Strengths and Protective Factors With Adolescents Who Have Sexually Offended**

*Dr. James Worling, Ph.D., C. Psych, ATSAF*

This presentation will outline how a focus on strengths and protective factors can enhance our work with adolescents who have sexually offended. Following a review of the risk-focused tools and approaches that have been popular for many years, we will discuss the emerging research regarding protective factors, and we will explore how strengths and protective factors are critical with respect to both assessment and treatment and how they can be used to facilitate positive change.

Learning goals:

1. To examine current research regarding sexual offense recidivism and our ability to predict the risk of reoffending
2. To discuss the emerging research regarding protective factors
3. To review the importance of a positive approach to assessment and treatment (including interviewing tips/strategies for talking with clients about difficult issues)
4. To outline how a focus on strengths and protective factors can impact intervention planning

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10:00am–10:30am *Break*

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10:30am–12:00pm **GENERAL SESSION (continued)**

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12:00pm–1:30pm *Lunch*

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1:30pm–3:00pm **GENERAL SESSION**  
**DPS Updates**

This presentation will cover registration requirements, and compliance rules for juvenile offenders. The presentation will discuss why it's imperative that offenders report, for example, social networking sites and when failure to do so could result in a felony charge. We will also cover what is reported and the timeframes associated with those reporting requirements. The importance of supervising officers to educate juvenile offenders regarding the consequences of failing to abide by one or more than one of the registration requirements. The presenters will also provide resources available at DPS regarding analytical assistance and fielding questions related to compliance and registration.

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3:00pm–3:30pm *Break*

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3:30pm–5:00pm **GENERAL SESSION**  
**Minor Sex Trafficking**

*Rosie Martinez, CA, Executive Director, Regional Justice Center Consulting Services*

This presentation will cover the below listed topics:

- Definition of CSEM- Commercial Sexual Exploitation of Minors
- Texas Statute on Trafficking of Minors
- Risk Factors
- Trauma Informed Care Services for Minors
- Services for unaccompanied minors
- Immigration Relief- T Visas
- Human Trafficking Protective Orders
- What the state is doing to address this issue
- Resources for Victim service providers

# TUESDAY, JUNE 15

8:30am–10:00am **GENERAL SESSION**

## **Key Strengths-Based Concepts/Interventions for At-Risk (At-Promise) Youth & Families**

**Kevin M. Powell, Ph.D., Licensed Psychologist/Trainer/Consultant**

Within the field of sex offense-specific (SOS) services, there is growing awareness of the importance of embracing a Strengths-Based Approach. At-risk (at-promise) youth and their families often enter services presenting in a manner that impede services, including mistrust, defensiveness, hopelessness, shame, and/or oppositional defiance. A strengths-based orientation helps create an atmosphere in which youth (and their families) begin to feel psychologically safe, open, and engaged in services.

Strengths-based practices assist youth in developing the skills and knowledge for how to lead interpersonally healthy, prosocial lives. It is important to remind ourselves that the youth we serve will be future parents, partners, and neighbors. If we want youth to learn how not to be sexually abusive and lead prosocial lives, we need to do more than just teach them ‘what not to do’, we need to teach them ‘what to do’. This training will highlight key strengths-based concepts and interventions that are essential for effective SOS services. It is a collaborative approach that establishes positive relationships, instills hope & resilience, and promotes strengths, resources, and prosocial development.

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10:00am–10:30am *Break*

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10:30am–12:00pm **GENERAL SESSION (continued)**

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12:00pm–1:30pm *Lunch*

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1:30pm–3:00pm **GENERAL SESSION**

## **Mentally Ill Juveniles With Sexual Behavior Problems: An Integrated Treatment Approach**

**Lee A. Underwood, Psy.D., Executive Director of USA Consulting Group**

Many treatment programs for juveniles with sexual behavior problems address the offender needs of youth at the expense of fully addressing their mental health needs. What happens when the juveniles with sexual behavior problems is also mentally ill?

By applying the right interventions to treat both offender and mental health concerns of the adolescent, you will witness the transformational effect of combining treatment methods. And when you know how to combine multiple and proven treatment methods—trauma interventions, emotional regulation, medication management, offender techniques, cognitive distortions, thinking errors, arousal reconditioning, empathy development, deviant sexual fantasies, clarification process, grooming, family interventions and risk management—you will be able to apply therapeutic interventions that pinpoint the issues of most concern—individual and community safety.

Case studies will be utilized to discuss critical dynamics in treating juveniles with sexual behavior problems who have significant mental illness. Issues pertaining to managing transference, counter transference, confidentiality, boundaries, self-disclosure, sexual attraction, informed consent, privacy, implicit bias, practitioner impairment, use of actuarial risk assessments, and standard treatment curricula will be discussed during this training. Where there are philosophical differences in treatment approaches (victim vs. offender vs. mental illness), utilizing a treatment decision making process, participants will be presented with solutions to work through differences.

1. Increase awareness of juveniles with sexual behavior problems with mental illness.
2. Improve understanding of the components of cognitive behavioral treatment.
3. Learn trauma informed and CBT techniques for engagement and motivation.
4. Review critical client victimization concerns.
5. Discuss risk management, safety planning and the clarification process.
6. Practice case studies using the clinical decision-making model.

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3:00pm–3:30pm *Break*

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3:30pm–5:00pm **GENERAL SESSION (continued)**

# WEDNESDAY, JUNE 16

8:30am–9:00am **GENERAL SESSION**

## **Creating and Activating Hope – so all can Thrive**

**Rick Miller**, *Clinical Director, Center for the Advanced Study and Practice of HOPE*

Often, we talk about Hope as a loose set of emotions when it is actually a cognitive function that can be taught and learned. The research is clear and incontrovertible that people who are hopeful are better able to manage their lives successfully. Hope research has revealed a great number of constructs which support strength-based strategies holistically through a strategic cultural framework rather than a program or curriculum. Many juvenile sex offenders have lost hope and are seen as potential threats to themselves and others. The foundational energy and focus offered by Hope strategies within an environment that views all youth as “at hope” rather than as “at risk” establishes a powerful self-fulfilling prophecy that support a young person’s assets rather than a focus only on their deficits.

Participants will examine:

- The Science of Hope
- The Culture of Hope as a holistic set of strategies available to all
- The Soul of Hope as a personal navigation tool
- The theory of Mental Time Travel and its application in creating hope.
- The Powerful Role Relationships play in resilience, optimism, self-efficacy, and hope.
- The recognition of personal belief systems about sex offenders and their future
- The role culture plays in viewing youth as assets or deficits.

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9:30am - 9:45am *Break*

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9:45am - 10:45am **GENERAL SESSION (continued)**

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10:45am - 11:00am *Break*

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11:00am - 12:00pm **GENERAL SESSION (continued)**